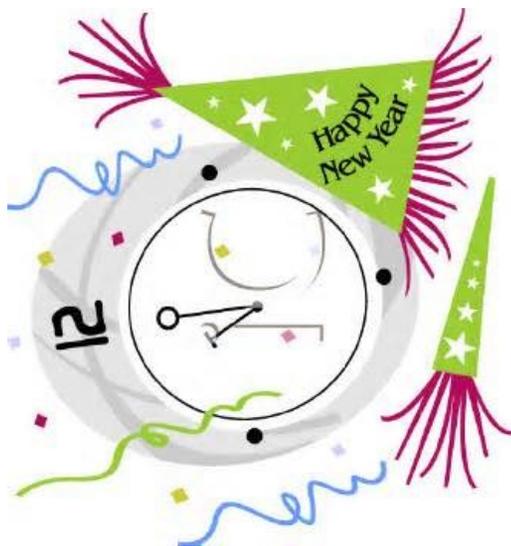


**Daleville Church of the Brethren
P.O. Box 85
Daleville, VA 24083**



“A New Year”

For the last couple of weeks in December each year, a curious phenomenon occurs. Lists of things that happened over the last year start to be made. Best of lists, worst of lists, lists of what stories were most popular on a tv station's website, and so on. This year, on Facebook, a new feature was rolled out that went through and highlighted pictures from user's accounts that was called “Year in Review.” Now, I'll admit that I like to peruse lists like these at the end of the year to see what other's are thinking on things that happened over the past year. I especially like to read lists of bests of the year, often reading it to see if I agree or not. Sometimes, the ones that are the most fun to read are ones that I don't agree with very much. That's partly because they get me thinking about what I think is important about the last year's events, something that is an important exercise for us to engage upon. The new year gives us an opportunity to take time to do this kind of reflections.

Still, its not enough for us to just think about what has happened in the past. That's an important starting point, but is just that, a starting point. Once we've taken time to think about what has happened over the past year, we should also think about how we would like to approach the coming year. What are your dreams for your own life? How might you work towards them over the next year? What kind of things would you like to see our congregation do over the next year? And how might we approach those goals?

Take some time, if you haven't already, and reflect upon the last year, and then do some dreaming towards the new year. These are important activities that we are reminded of each year at this time, and ones that we should practice on a regular basis. I'd love to hear from others about their dreams for our congregation for the upcoming year as we begin to walk together for another year.

In Christ,
Pastor Doug

RX Corner

with Dorothy Shumate

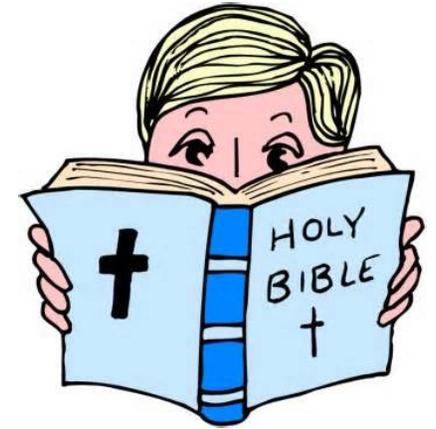


2015 Healthy Resolutions

1. Floss every night. It isn't hard to work into your schedule: it takes less than two minutes.
2. Walk 30 minutes a day. Enlist a buddy. Dress appropriately. Start out slowly.
3. Learn something new. Learn a second language. Learn to play a musical instrument. Acquire a new physical skill. Enroll in a class.
4. Eat better. Eat at least five servings of fruit and vegetables a day. Eat protein from nondairy sources, such as fish, poultry, nuts, and beans. Eat whole grains and no foods containing trans fats.
5. Make new friends.
6. Lose weight if you need to.
7. Stop smoking. One year after quitting, you will have cut your excess risk of heart disease in half.

January Bible Readings

- 1 Rom 1-2
- 2 Gen 1-3
- 3 Josh 1-5
- 4 Ps 1-2
- 5 Job 1-2
- 6 Isa 1-6
- 7 Matt 1-2
- 8 Rom 3-4
- 9 Gen 4-7
- 10 Josh 6-10
- 11 Ps 3-5
- 12 Job 3-4
- 13 Isa 7-11
- 14 Matt 3-4
- 15 Rom 5-6
- 16 Gen 8-11
- 17 Josh 11-15
- 18 Ps 6-8
- 19 Job 5-6
- 20 Isa 12-17
- 21 Matt 5-7
- 22 Rom 7-8
- 23 Gen 12-15
- 24 Josh 16-20
- 25 Ps 9-11
- 26 Job 7-8
- 27 Isa 18-22
- 28 Matt 8-10
- 29 Rom 9-10
- 30 Gen 16-19
- 31 Josh 21-24



Upcoming Events for January

Bring Canned Goods in on Jan. 4th to be collected.

Women's Group is Thurs., Jan. 8th at Our Daily Bread.
The ladies meet at 6:30pm.

Church Board Retreat Jan. 10th at 8:30am. All board members are encouraged to attend.

Congregational Business Meeting on Jan. 18th after the worship service.

January Scriptures and Sermons

January 4 John 1:1-18
"The Light Shining in the Darkness"

January 11 Matthew 2:1-12
"The Wise Men?"

January 18 Psalm 139:1-18
"Fearfully and Wonderfully Made"

January 25 Mark 1:14-20
"Fishing for People"



*Join us on
Sundays!
Sunday School at
9:30am and
Worship at
10:30am.*

